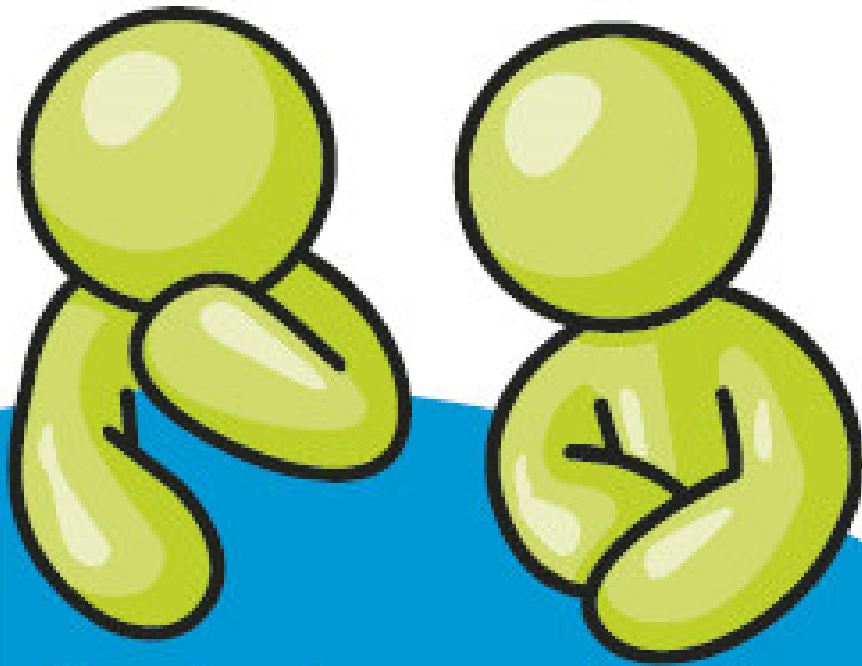


Advocacy  
**together**  
WORKING FOR WELLBEING



**An independent  
advocacy service for  
people with learning  
disabilities**



Darlington **NHS**  
Primary Care Trust

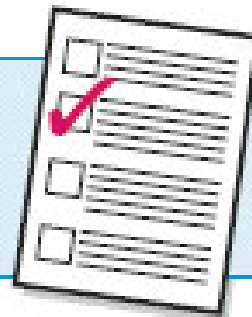
# What is an advocate?

An advocate is someone who can help **you**:

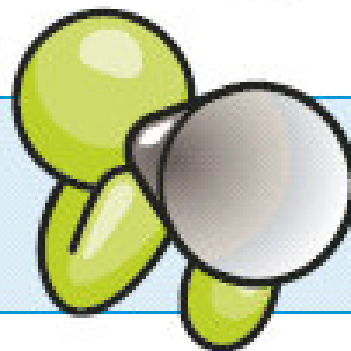
- find out things



- make choices

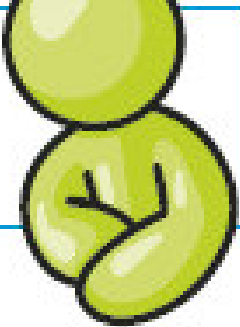


- speak out



## The service

My name is:



I am here to help **you** speak out about what **you** want and need.

It is open to everyone

I work for a charity called Together.  
I do not work for health or social services.

This makes it easier to support **you**.

Advocacy  
**together**  
WORKING FOR WELLBEING

# Want to get in touch?

Please ring:

 **01325 465337**

or

 **01325 468741**

(answerphone)

**This leaflet is available in other languages, Braille, and audio. Please contact the service if you need it in one of these formats.**

**together**  
WORKING FOR WELLBEING

[www.together-uk.org](http://www.together-uk.org)

Registered charity no: 21 1091