

# Coming Soon

## Theme Groups

### Community Safety

Monday 12th May 10.15—12.15 Havelock Street Community Centre

### Get Together

Tuesday, 20th May 2.00—4.00 Havelock Street Community Centre  
Speaker—Mary Hall will update on progress of LINKs

### Economy & Environment

Wednesday 21st May 10.30—12.30 Havelock Street Community Centre

### Transport

Friday 30th May 2.00—4.00 Wesley Court Community Centre

### Health

Monday 2nd June 10.15—12.15 Havelock Street Community Centre  
Speakers—Sam Costello and Dee Neville, Dieticians at Darlington Memorial Hospital

### Positive Images

Wednesday 4th June 10.30—12.30 Havelock Street Community Centre

### Joke of the month

Did you hear about the lady who drowned in a bowl of genetically modified muesli?  
She was dragged under by an extra strong currant!

**Bank Top Community Partnership Summer Event** is being held on Saturday 21st June at 2—4pm in Eastbourne Park—there will be lots to do and things to see!

**Darlington Community Carnival—** Saturday, 28th June 2008

There will be a parade through the Town Centre from 12 noon and a wide variety of stalls and activities in Stanhope Park all afternoon. Why not come along—admission is free. Any members who would like to take part in the parade or the preparatory Workshops during June please contact the GOLD Team.

A sponsored 'Bag Pack' is being held in Sainsbury's on Saturday, 24th May to raise funds to make the carnival possible. Volunteers are welcome—just contact the team.

The annual '**Fancy a Dance**' event will take place on Thursday, 17th July this year—more details to follow.

GOLD will hold its annual **Positive Health Day** in September - so watch this space!

Issue No 32 correction —the telephone number for CAB is 256999

This document will be made available on request to Adult Social Services in Braille, large print, and on audio cassette, also available in other languages. Telephone 01325 346200



گر آپ کو انگریزی کے علاوہ کسی دوسری زبان میں یہ معلومات درکار ہیں تو سوشل سروسز ڈیپارٹمنٹ میں اس ٹیلیفون نمبر 01325 346200 پر رابطہ قائم کیجئے۔

如您需要本出版物除英文以外的版本，请与社会服务部联系：01325 346200。

আপনি যদি এই প্রকাশনার কপি ইংরেজি ছাড়া অন্য কোন ভাষায় চান তাহলে সোশাল সার্ভিসেস বিভাগের সাথে 01325 346 200 নম্বরে যোগাযোগ করুন।



Newsletter 33

May 2008

## Relocation of the GOLD Team

A change in the management structure of the GOLD team means Claire and Lesley are moving to an office in Horsemarket where they will be located with the Connecting with Communities Team.

The move is scheduled to take place in the middle of May, but there will naturally be a period when they may be out of contact whilst equipment is installed.

We are hoping to keep the disruption to a minimum and the move should not affect the Task Group meetings, but should any changes be necessary the members of the group affected will be notified in advance.

We value your support and hope you will bear with us during our move. Please rest assured that we will continue to book suitable venues for meetings and we will ensure our new contact details are circulated as soon as possible.

### 'All our futures' Launch

The new Older Person's Strategy 'All our futures' was launched last month with an event held at the Dolphin Centre. The Strategy aims to promote well being amongst people over 50 by ensuring they have lifestyle choices and control over their own lives.

144 members of the public attended the event where there were information stalls from various organisations and agencies, such as Adult Social Services, Primary Care Trust, Age Concern and many more. Visitors also got the opportunity to be involved in a 'Talk Time' session with representatives from the Police, Senior Health and Social Services Managers, and Town Councillors.

People are now being asked to give their opinions on the Action Plan for the Strategy to help to take issues forward.

If you would like a copy of the new Strategy and Action Plan and would like to be involved in the consultation on the Action Plan, which will take place on Tuesday, 3rd June at 2pm in Wesley Court Community Centre, please ring Claire or Lesley on 380719 to book a place. Alternatively you could give your feedback by post if you would prefer.

# Feedback

## Health Group

At the last Health Group meeting, members heard from Ken Greenfield, Chair of Darlington's Primary Care Trust (PCT), about his role and the responsibilities of the Board and Committees which ensure the organisation runs effectively and keeps to its budget. Ken Ross, the Head of Health Improvement, asked members to look at the Draft Action Plan of the newly launched 'All Our Futures' Strategy for Later Life in Darlington, and discussed with members how the PCT is moving towards making services more personal to us all as individuals.

The Health Group aims to identify issues and take action on problems to do with the health of people over 50, as well as promoting healthy ageing and looking at problems and issues which are brought up by members. We take part in consultation about health and have speakers at most meetings who also spend time answering our questions and listening to points of view.

If you would like to come along please just turn up to a meeting or you can discuss the group with Claire on 380719.

The **Transport Group** meets on the last Friday of every month at Wesley Court Community Centre. At the last meeting held on Friday, 25th April, Mark Ellis, Commercial Manager of Arriva NE, gave a very Interesting presentation about the Bus Review which is currently being undertaken. The result of this review will be known in July, when information will be distributed as widely as possible.

At the meeting members were given the opportunity to talk to Mark and ask him questions which he answered.

He has agreed to come along to the June meeting when he should have more information to share. Meanwhile the group members are planning to hold a Transport Listening Event in the autumn which will give people the chance to speak to a number of key figures in transport in Darlington. More details of this event will be given in future newsletters.

New members are always welcome.

## Safe Saving for Christmas

Mike Hill of the Citizens' Advice Bureau gave a talk to members on 29th April about saving safely for Christmas. The talk gave advice on a whole range of options and Mike answered lots of questions. We have some leaflets available in the office, if you would like one please contact us and we will send one to you.

## CCTV visit

There are still places available on the visit to the CCTV Unit in the Town Hall on the afternoon of Tuesday 17th June. Please contact us if you would like to book a place for this interesting and informative visit.

## Contact details

**Unit 1D**  
**Enterprise House**  
**Valley street North**  
**Darlington**  
**DL1 1GY**

**Telephone: (01325) 380719**  
**Fax: (01325) 488634**  
**Http://gold.darlington.org.uk**  
**Email: gold@darlington.gov.uk**

# What's on

## Would you like to be involved in developing Darlington's Carers' Strategy and Implementation Plan for 2008 –11?

We are now starting work on the Carers' Strategy and Implementation Plan for 2008 – 11 and would like your views/ suggestions for actions which you think should be included.

In previous years, actions have been agreed in the following 5 areas to make life better for carers in Darlington – information; consultation & engagement; assessment; service planning & delivery; training.

If you would like a copy of the Carers' Strategy and Implementation Plan 2007- 08, you can download it from the Council's website at [www.darlington.gov.uk/Health/Adult Services/Carers/Carers.htm](http://www.darlington.gov.uk/Health/Adult Services/Carers/Carers.htm) or you can request a copy from Lisa Holdsworth (Service Development Officer) at Adult Social Services on 346490.

Once you have had time to look at the Strategy a meeting will be arranged so that you can give Lisa your views and ask her questions regarding the Strategy. Please contact Lisa on the above number if you would like to meet her to give your comments, or if you have any ideas about what you think should be included in the Plan for 2008-11.

## Remember Carers' Week

The Get-Together on Wednesday 11th June at 10.30 will be given over to acknowledging and thinking about informal caring. Ken Hill of Darlington Association on Disability Carers' Support Service will talk about Carers, will listen to views and opinions and will offer advice on support and what is available.

Do come along to listen to Ken and talk about caring. He will bring information leaflets and will be on hand after his talk to answer queries. The meeting takes place at Wesley Court Community Centre, off Yarm Road.

**Our monthly meetings are always held at one of two venues, either Havelock Street Community Centre or Wesley Court Community Centre—the directions for which are shown below.**

**Havelock Street Community Centre** is situated on Katherine Street which is off North Road, opposite Morrisons, just before the zebra crossing. (There is a motor cycle leather shop on one corner of Katherine Street and an off licence on the other). The Community Centre is a red brick building on the right hand side of Katherine Street (it has a sign outside).

If you are travelling by bus you will need the No. 18 (which stops outside the centre) or one of a number going up North Road which stop outside Morrisons.

**Wesley Court Community Centre** is on Wesley Street, on the left hand side of Yarm Road, just past the roundabout at St John's Church. (There is Glenwoods interior design shop on one corner of Wesley Street and an off licence on the other). The Community Centre is at the end of Wesley Street.

There are a large number of bus services travel up Yarm Road. Please feel free to come along to any of the meetings—you will be warmly welcomed!