



Newsletter 42

April 2009

GOLD Annual General Meeting Wednesday, 29th April 2009

The first GOLD Annual General Meeting is being held in Central Hall in the Dolphin Centre on Wednesday, 29th April, from 6pm until 7.30pm. The doors will open at 5.30pm.

This is your chance to be involved in the exciting changes taking place in the working arrangements of GOLD. There is the opportunity for you to become actively involved in GOLD in a variety of ways. You may wish to be involved in one of the 'Task and Finish' groups which will be commissioned by the Focus Group, to raise an issue you feel should be looked at, or become a member.

Following the introduction by Councillor Veronica Copeland, a presentation about the new working arrangements, and election of members to the Focus Group, there will be a light buffet and a free prize draw (tickets will be given on entry).

There will also be a wide variety of information stands from organisations including 50+ Age Concern, WRVS, Adult Social Services, Welfare Rights, LINKs, Evolution, Primary Care Trust and many more for you to browse. You will be able to gather information and speak to the representatives who will be happy to tell you about services available to the over 50s.

We hope you will come along and look forward to seeing you there.

The Odeon Cinema's Silver Screen films for May are:

Monday, 4th May—The Curious Case of Benjamin Button

Monday, 11th May—Vicky, Christina, Barcelona

Monday, 18th May—Valkyrie

Doors open at 10.30am—price £2.80 with drink and a biscuit.



Due to volume of work and Bank Holidays we were unable to produce our normal newsletter. In order to provide you with the regular update of events taking place in May we have therefore produced this smaller version. The May edition will be back to it's normal format.

Can you Compute?

Age Concern hosts computer classes at Bradbury House and in the community to enable people aged 50 and over to acquire basic IT skills, e.g. using a keyboard and mouse, and across a range of software packages for beginners, including Internet, e-mails and digital photographs and work processing.

Enrolments are now taking place for May 2009 courses (10 x 2 hour sessions for only £40).

For further information or to register contact: Jean Raby or Gill Watson on 362832.

DAD Carers' Support Services

The Carers' Support Service hold the following regular events:

Memory Café

Thursday, 7th May, 1.30—3pm at the Lounge, Bondgate Methodist Church

Relaxation

Monday, 11th May, 1.30—3pm at the Lounge, Bondgate Methodist Church

Mental Health Carers Group

Thursday, 28th May, 12.30—2pm at the Lounge, Bondgate Methodist Church

Memory Café

Thursday, 4th June, 1.30—3pm at the Lounge, Bondgate Methodist Church

All are welcome.

Carers UK Darlington hold drop-in sessions at Age Concern, Bradbury House on Tuesdays from 10am—12 noon, and Fridays from 12 noon—2pm.

GOLD members held a Market Stall recently and raised £62.85 by selling cakes and bric a brac. Thanks to all who helped.

GOLD Meetings

Positive Images and Publicity Group

Wednesday, 6th May 2009
10.30am—12 noon

Health Group

Monday, 11th May 2009
10.15am—12 noon
Speaker: Vicki Whitfield of the Hospital Discharge Team

Age Concern/Kirkland Guided Walks

Thursday, 7th May, to Middleton One Row—meet outside Devonport Hotel at 1.30pm

Thursday, 14th May, to Burdon and Barmpton—meet outside Great Burden Village Hall at 1.30pm

Thursday, 21st May, Hurworth Village—meet Blind Lane Crossroads at 1.30pm

Thursday, 28th May, Croft Ramble—meet outside the Croft Hotel at 1.30pm

Once again GOLD members will be taking part in Darlington Community Carnival on Saturday, June 27th.

There will be workshops in the run up to the carnival and we need as many helpers as possible. If you would be interested in coming along to help with the art work please contact Claire or Lesley on 01325 388845.

If you wish to know more about any of the items above, please contact Claire or Lesley on 01325 388845. We will be happy to help.