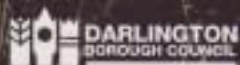


just walk our way...

walk

the darlington way...



Tees Valley north east
england

Passionate about walking





Walk with us...

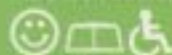
Welcome to 'walk the darlington way...'

which is produced by Darlington Borough Council's Tourism Team, in conjunction with colleagues from the Countryside and Local Motion Teams.

'Walk' has proved really popular with Darlington residents and visitors to the town and we're delighted to bring the reprint of the 3rd edition out for you with 4 very different new walks. There are now medieval sites, rare breeds and a good 10 miles, 'Ketton Country' to discover as well as all of the 'old favourites' with atmospheric rivers, picturesque villages, stunning countryside and exciting sculpture parks vying for your attention.

To help you choose which of the walks suit you, we've grouped them into 4 categories: **Stroll** - gentle strolls under 3 miles; **Walk** - walks from 3-4 miles; **Ramble** - over 4 miles and worth putting your boots on for; plus **Stretch** - further afield and/or more strenuous walks.

Also look out for our new



symbols for walks with family appeal, those with an educational element and 'access for all' which are suitable for pushchairs and wheelchairs.

Walks are also classed as Rural - mostly out in the countryside, Urban Green - a mix of town and countryside or National Trail - for some of the longer walk outline suggestions.

All of the walks in and around the villages of Darlington are classified as easy or moderate, but please check walk details to ensure they suit your level of fitness. Remember to wear suitable footwear and appropriate clothing as all walks can be wet or muddy in places, at any time of the year.

Walks have handy, representative maps, but for rural walks you may like to take an Ordnance Survey map too. Places of interest en route are marked. Information Darlington, on 01325 388666, can provide more details.



Contents

Stroll (under 3 miles)

Medieval Ulnaby	0.5 miles	Rural	pg. 4
West Park	0.6-1.7 miles	Urban Green	pg. 6
Piercebridge Circular	0.9 miles	Rural	pg. 6
Rockwell Nature Reserve	1.3 miles	Urban Green	pg. 10
Archer's Farm	2.1 miles	Rural	pg. 12

Walk (3-4 miles)

Skerningham	3 miles	Rural	pg. 14
Hurworth	3.25 miles	Urban Green	pg. 16
South Park & Nature Reserves	3.25 miles	Urban Green	pg. 18
Barnpton	3.6 miles	Rural	pg. 20
Middleton-one-Row & Dinsdale Wood	3.6 miles	Rural	pg. 22
Low Coniscliffe & River Tees	3.9 miles	Rural	pg. 24

Ramble (over 4 miles)

Brafferton	4.5 miles	Rural	pg. 26
Broken Scar & River Tees	4.5 miles	Urban Green	pg. 28
Middleton-St-George & Nature Reserves	2.4-5.1 miles	Urban Green	pg. 30
Piercebridge Linear	5.6 miles	Rural	pg. 32
Archdeacon Newton	6.5 miles	Rural	pg. 34

Stretch (more strenuous)

Sockburn Loop	8.4 miles	Rural	pg. 36
Ketton Country	10.3 miles	Rural	pg. 38
Roseberry Topping	4 miles	Rural	pg. 40
Teesdale Way	100 miles	National Trail	pg. 41
Cleveland Way	110 miles	National Trail	pg. 41

Useful Information

Information was correct at the time of production and every effort has been taken to ensure accuracy but Darlington Borough Council cannot accept responsibility for any error or omission. If you do find an error with regard to a walk description, map or anything which impedes your route, please let Darlington Borough Council's Countryside Team know by telephoning 01325 388666. Thank you!





Useful Information

Walking is an accessible, easy and safe pastime and encourages us all to increase our levels of activity for our health as well as enjoyment. A little preparation and care can keep you comfortable and equipped for most eventualities when walking.

Practical advice:

- choose a route that suits your level of ability
- check weather forecasts but always take a waterproof
- wear comfortable, loose-fitting clothing: layers work best
- remember sun cream and hats in warm weather
- wear strong shoes with good support or walking shoes/boots
- take a mobile phone, but remember they often don't work in the countryside
- when road walking, walk on the right, facing oncoming traffic, cross to the other side before sharp, right-hand bends
- take enough to eat and drink, especially in warm weather
- do not swim in rivers: the River Tees can be particularly treacherous
- don't drink from streams and rivers

For more serious walking:

- know where you are, have a map, know how to read it
- let someone know when to expect you back
- on longer routes plan "short cuts" in case of weather or injury
- if walking solo, take extra precautions, perhaps a whistle around your neck, and a basic first aid kit which you know how to use

www.ramblers.org.uk/info is another source of useful advice

Follow the Countryside Code

- Be safe – plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people

www.countrysideaccess.gov.uk can provide further information



Open Access in North East England

In North East England, visitors can walk freely on mapped areas of mountain, moor, heath, down and registered common land, subject to common sense restrictions. These rights cover most recreational activity including walking, running, climbing, sightseeing, bird watching and picnicking. For more information call the Open Access Contact Centre on **0845 100 3298** or check www.countrysideaccess.gov.uk

Staying in Darlington

You're sure of a warm northern welcome in our countryside castle hotels, award-winning bed and breakfast properties or converted self-catering barns and idyllic cottages. Of course, fabulous food can be enjoyed at a multitude of eateries with cuisine from around the globe. Visit our website www.visitdarlington.com

Town Centre Trails

Darlington's companion to 'walk the darlington way' is the 'discover a different darlington' guide. Through a series of easy, self-guided trails you undertake a voyage of discovery in and around Darlington town centre.

For more information about Darlington or to order copies of 'dine in darlington', visit darlington mini-guide or 'discover' guide contact:

Tourist Information Centre
The Dolphin Centre, Horsemarket
Darlington DL1 5PR
Tel: 01325 388666
email: tic@darlington.gov.uk
www.visitdarlington.com

Walks Information

All Darlington walks in this guide are courtesy of Darlington's Countryside Team, they can be contacted on **tel: 01325 388648** or email: countryside@darlington.gov.uk for further information about specific walk routes and background information.

This guide has been produced by Darlington Borough Council's Tourism Team, with grateful thanks to colleagues in the Countryside and Local Motion Teams for their invaluable help.

