

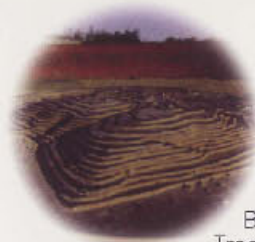
# West Park

Trinity Stone Sculpture



Stroll

Urban Green/Distance: 0.6–1.9 miles (1–3km) Grade: easy with some gradients Time: 20 mins–1.5 hours



Discover contemporary West Park, an urban nature reserve on a 12 hectare site. Links to the former Barnard Castle Railway

Track Bed allow for extensions to this walk. Explore the exciting artworks and interesting biodiversity park, which attracts a variety of butterflies and birds during the summer months.

## Recommended route:

- 1 Enter via the main entrance gate, alongside Lockers Garage, through two large Standing Stones. Walk straight on past the 'Jabberwocky' small circular sculpture and notice the natural play area on the right and the wildlife pond on the left.
- 2 Stay on the same path to the Central Sculpture Amphitheatre, at the core of which is a fascinating circular sculpture which creates spectacular acoustic effects.
- 3 Climb the Mound ahead which is one of the 3 Trinity Stone sculptures, the others are located behind you – this is the only point in the park from where you can see all of the sculptures. There are also superb views from this position, out to the wider countryside.
- 4 Drop down to the south, behind The Mound notice the new downhill bike track to the right, before dropping down to the former Barnard Castle Track Bed. This allows access to attractive countryside and a network of public rights of way.
- 5 Drop down from the Mound to the east (your left), to enjoy the tallest Standing Stone sculpture on the site, set in the middle of West Beck. Just 55 yards (50m) from it lies another of the park's attractive Poetry Bridges.
- 6 Finally, if you still have the energy, cut diagonally across the park, back through the Central Sculpture Amphitheatre to the north-west corner. You pass another of the Trinity Stone sculptures, on your left, and come to another (mock) Poetry Bridge which features more locally significant poetry.
- 7 From here, turn back on yourself, taking the lower route back, passing the primary school on your left, to return to the main entrance back over the first Poetry Bridge.



Start & finish: West Park main entrance, next to Lookers Garage, on West Auckland Road (A68)

## Map Key

**How to get there:** Follow the A68 out of Darlington, through Cockerton Village, onto West Auckland Road. Immediately after Lookers Garage turn left and go down the road a little way to the gated entrance

- S Start & finish:** West Park main entrance, next to Lookers Garage, on West Auckland Road (A68)
- P Parking:** Limited on-street parking next to the main entrance
- Public Transport:** Public transport information **0871 200 2233** (calls cost 10p per minute plus network extras) **www.traveline.info Text 84268**
- Places of interest:** a Darlington Railway Centre & Museum, **tel 01325 460532**
- Refreshments:** Pubs, takeaways and cafés in Cockerton Village
- Toilets:** Pubs and cafés in Cockerton Village

