











TEES VALLEY MAYOR

HM Government

Distance Learning (DL) is a flexible way to gain an accredited Level 1 or Level 2 qualification. DL allows you to choose where and when you study and has the benefit of allowing you to develop your career without worrying about attending classes, arranging childcare or changing your shift pattern.

How does it work? DL courses are accessed online* where you will answer resource-based questions whilst applying your own knowledge and experience. There are no exams or course work and all resources needed are provided for you.

*Some (but not all) of the courses can be completed paper based. This will be assessed on a case-by-case basis if requested.

We offer the following Distance Learning courses:

Healthcare / Social Care

- Certificate in the Prevention and Control of Infection in Health Care Settings
- · Certificate in the Safe Handling on Medication in Health and Social Care Settings
- Certificate in Preparing to Work in Adult Social Care
- Certificate in Caring for Children and Young People
- Certificate in the Care and management of Diabetes
- Certificate in Dignity and Safeguarding in Adult Health and Social Care
- Certificate in Common Childhood Illnesses
- Certificate in the Principles of Dementia Care
- Certificate in Common Health Conditions
- Certificate in the Principles of End of Life Care
- Certificate in Falls Prevention Awareness
- Certificate in Oral Health Hygiene
- Award in Substance Misuse Awareness

Learning Difficulties and Disabilities

- Certificate in Working with Individuals with learning Disabilities
- Certificate in Understanding Behaviour that Challenges
- Certificate in Understanding Behaviour that Challenges in Children
- Certificate in Understanding Specific Learning Difficulties
- Certificate in Understanding Autism

DL/CPD courses are free of charge

Mental Health

- Award in Mental Health Awareness
- Certificate in the Awareness of Mental Health Problems
- Certificate in Understanding Children and Young People's Mental Health
- Certificate in Self Harm and Suicide Awareness and Prevention
- Certificate in the Awareness of Bullying in Children and Young People
- Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace

Other

- Certificate in Understanding Nutrition and Health
- Certificate in Understanding Safeguarding and Prevent
- Certificate in Living in a Fair and Diverse Society
- Certificate in Counselling
- Certificate in the Principles of Customer Service
- Certificate in the Principles of Team Leading
- Certificate in Understanding Retail Operations
- Certificate in Equality and Diversity
- Certificate in Information, Advice and Guidance
- Certificate in the Principles of Warehousing
- Certificate in Understanding Domestic Abuse

Continuing Professional Development (CPD)

Continuing Professional Development (CPD) are very similar to Distance Learning courses. They are Individual, unaccredited short courses to gain the vital skills needed for your workplace or for your CV to help you find employment. They work exactly the same as Distance Learning courses.

For a full list of CPD courses please visit our website www.darlington.gov.uk/learningandskills

You must be aged 19+ and have the right to live and work in the UK to be eligible for these courses. Courses may be subject to change throughout the academic year.

Learning & Skills "Learning for Life"



01325 405601 or 07932 869325

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www.darlington.gov.uk/learningandskills

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The Coleridge Centre Coleridge Gardens, Darlington, DL1 5AJ



Flexspace Lingfield Way, Darlington, DL1 4QZ

An inclusive approach

If English is not your first language and you would like more information about this document, or if you require any other print please ring 01325 405601

Urdu	اگر آپ کو بیکنا بچدانگریز می سےعلاوہ کمی دوسری زبان میں درکا رمیونو برائے میر یافی ٹیلیفون قبسر 405601 میں قون کر سے حوالہ قسر بتا کی ۔
Punjabi	ਜੇ ਇਹ ਪਰਚਾ ਤੁਹਾਨੂੰ ਅੰਗਰੇਜ਼ੀ ਤੋਂ ਬਿਨਾਂ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੀਦਾ ਹੈ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਨੰਬਰ 01325 405601 ਤੇ ਫ਼ੋਨ ਕਰੋ ਅਤੇ ਰੈਫ਼ਰੈਂਸ (ਹਵਾਲਾ) ਨੰਬਰ ਦੱਸੇ।
Hindi	यदि आप यह प्रकाशन अंगेज़ी के अलावा अन्य भाषा में चाहतें है तो कृपया संदर्भ नम्बर (रेफरन्स नम्बर) बताक्त निम्नलिखित 01325 405601 पर संपर्क करें ।
Cantonese	如果你需要其它語言的版本,請與以下電話聯係並報出參考號碼:01325 405601
Bengali	যদি আপনার ইংরেজী ছাড়া অন্য কোন ভাষায় এই প্রকাশনাটির দরকার থাকে, তাহলে নশ্বরে ফোন করুন এবং সূত্র নশ্বর উল্লেখ করুন। 01325 405601
Arabic	إذا رغبتم الحصول على هذه النشرة بلغة أخرى غير اللغـــة الإنجليزيــة نرجــو الاتصال بنا على رقم الهاتف التالي : 01325 405601 • مع ذكر رقم الاشارة.
Polish	Jeśli chciał(a)by Pan(i) otrzymać polską wersję językową tego dokumentu, proszę zadzwonić pod numer _01325 405601 i podać numer identyfikacyjny dokumentu.