

## Public Health CPD Calendar 2024

### Remote access/face to face learning opportunities

<p><b>NEW</b> Wednesday 8<sup>th</sup> May</p>	<p><b>The role of councils in supporting ethical international recruitment</b> This online event aims to share emerging good practice for councils in supporting ethical international recruitment, including the council role in the compliance process.</p>	<p>10.30-12.00 BST  Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Wednesday 8<sup>th</sup> May</p>	<p><b>Health inequalities in early life</b> NIHR ARCs national #ARCseminar on health inequalities in early life. Topics include maternity, ethnicity, mental health and care-leavers.</p>	<p>13.00-14.00 BST  Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p>Monday 13<sup>th</sup> May</p>	<p><b>Expert-led webinar series: ‘What are the key considerations for effective and integrated Work and Health services?’</b>  <b>Work and Health services 2 – service essentials.</b>  Chair – Alexandra Fitzpatrick, Deputy Direct WorkWell, Joint Work and Health Directorate</p> <ul style="list-style-type: none"> <li>• The role of Prevention and Understanding the work and health needs of a local area</li> <li>• Effective signposting and referral pathways</li> <li>• Working with employers to help them improve their offer</li> </ul>	<p>14.00-15.30 BST  Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Wednesday 22<sup>nd</sup> May</p>	<p><b>In the face of financial strain, how can local government protect their communities’ health?</b>  This webinar will explore how joint working across local councils can protect the services that support good health, in the context of a challenging financial landscape.</p>	<p>15.45-17.00 BST  Online Event</p>	<p>Follow this <a href="#">link</a> to register.  This webinar is suitable for anyone working in local government who is interested in the health of their population. This might include councillors and officers working or interested in public health, directors of finance, and those working in relevant departments such as housing and transport as well as communities, neighbourhoods, and regeneration teams.</p>
<p><b>NEW</b> Thursday 23<sup>rd</sup> May</p>	<p><b>The future of the NHS — what do the public think?</b>  A general election is approaching and the NHS will be at the heart of the debate. The next government will need to address fundamental</p>	<p>10.15-11.30 BST  Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>

## Public Health CPD Calendar 2024

	<p>questions about the future of the NHS in England, grounded in an understanding of what the public wants and expects.</p> <p>Join our panel of experts for an overview and discussion of some of the key questions we explored, including:</p> <ul style="list-style-type: none"> <li>• Do the public have faith in the current model for the NHS?</li> <li>• Are the public willing to increase funding for the NHS, and where do they think resources should be directed?</li> <li>• How can the government gain the public's confidence in their plans?</li> </ul>		
Thursday 23 <sup>rd</sup> May	<p><b>A seminar with Professor Marian Knight, Scientific Director for NIHR Infrastructure</b></p> <p>We are delighted to welcome Professor Marian Knight, Scientific Director for NIHR Infrastructure to Newcastle University on Thursday 23<sup>rd</sup> May, when she will be giving a talk entitled: 'The role of the Scientific Director for Research Infrastructure and my vision for the Applied Research Collaborations (ARCs).'</p> <p>Refreshments will be served in the space outside the David Shaw Lecture Theatre, from 3.30pm.</p>	<p>16.00-17.00 BST</p> <p>The David Shaw Lecture Theatre, Newcastle University Medical School</p>	Follow this <a href="#">link</a> to register.
<b>NEW</b> Wednesday 5 <sup>th</sup> June	<p><b>Health inequalities in 2040: Current and projected patterns of illness by deprivation in England</b></p> <p>In April, the Health Foundation's REAL Centre published its second report in our 'Health in 2040' series, this time exploring how current patterns of ill health vary with deprivation across England, and to what extent this is projected to change by 2040. The findings have important implications for health inequality among the working age population and how it poses a challenge to labour supply and economic growth.</p>	<p>11.45-13.00 BST</p> <p>Online Event</p>	Follow this <a href="#">link</a> to register.

Public Health CPD Calendar 2024

	This webinar will convene experts to explore what the findings mean for how we might need to change as a society, and what can we do to better prepare for the future.		
<b>NEW</b> Wednesday 5 <sup>th</sup> June	<b>Regional Health Inequalities</b> NIHR ARCs national #ARCseminar on regional health inequalities in England.	13.00-14.00 BST  Online Event	Follow this <a href="#">link</a> to register.
<b>NEW</b> Wednesday 5 <sup>th</sup> June	<b>Developing a safe and supportive environment where staff can deliver high quality patient care</b>  Delivering high-quality care and ensuring the best patient outcomes and safety levels should be the goal of all health care providers; however, these can only be achieved if staff are able and encouraged to work to the best of their abilities. Leaders play a crucial role in creating a culture that drives good staff and patient experience and, in turn, quality across the system. In this context, this session will: <ul style="list-style-type: none"> <li>• help to provide understanding about the relationship between working culture and high-quality patient care</li> <li>• explore how leaders can create a safe and supportive work culture that drives quality</li> <li>• discuss how a culture of quality can improve staff wellbeing and resilience</li> <li>• provide insight into how successful quality-improvement strategies place a strong focus on staff engagement and staff experience.</li> </ul>	12.00-13.00 BST  Online Event	Follow this <a href="#">link</a> to register.
<b>NEW</b> Wednesday 19 <sup>th</sup> June	<b>Local Authorities Research Systems: Challenges and Enablers</b>  This Fuse event, co-hosted with the Health Determinants Research Collaborations in Gateshead, Newcastle, and South Tees will share learning from different local authorities in the North East about developing research systems within their organisations and with partners. The event will showcase best practice from across the North East and North Cumbria to demonstrate what works in building research infrastructures and cultures in local government with limited resources, and the opportunities afforded by	13.00-16.00 BST  Room 2.16, Frederick Douglass Centre, Newcastle Helix, Newcastle University,	Follow this <a href="#">link</a> to register.  <b>Who should attend?</b> This event is aimed at anyone with an interest in research in local authorities, including colleagues in public health, social care and voluntary and community organisations. This may include commissioners and providers of services, as well as academics and interested members of the public.

Public Health CPD Calendar 2024

	infrastructure grants. The event will also highlight challenges in developing research systems and facilitate structured panel and table discussions on what we can do collaboratively to overcome these challenges by applying learning from different research systems.	Newcastle, NE4 5TG	<i>Draft programme to follow soon</i>
<b>NEW</b> Wednesday 10 <sup>th</sup> July	<b>Health Inequalities in Later Life</b> NIHR ARCs national #ARCseminar on health inequalities in later life. Topics include LGBTQ+ care, ethnicity, palliative care and dementia.	13.00-14.00 BST  Online Event	Follow this <a href="#">link</a> to register.
Wednesday 4 <sup>th</sup> – Friday 6 <sup>th</sup> September	<b>Society for Social Medicine Annual Scientific Meeting</b> <b>University of Strathclyde</b>  The main points to note are that: <ol style="list-style-type: none"> <li>1. The deadline for Free Place Application is Monday 4th March 2024, 23:59 (GMT).</li> <li>2. The free places cover conference registration, travel, and accommodation.</li> <li>3. To be eligible you need to be an Society for Social Medicine &amp; Population Health (SSM) member, which you can find out about here: <a href="https://socsocmed.org.uk">Membership – Society for Social Medicine &amp; Population Health (socsocmed.org.uk)</a>.</li> </ol>	University of Strathclyde, Glasgow, UK	Follow this <a href="#">link</a> to the application form for free and subsidised places.

## Public Health CPD Calendar 2024

### NEW

OHID's Local Knowledge and Intelligence Service (LKIS) launched [PHI/Online](#), the home for Public Health Intelligence Online. This new community workspace is built on the popular FutureNHS platform and replaces our previous offer on KHub. Whilst we will not be adding any further resources to our national and regional KHub groups, the existing resources will remain available for download for the foreseeable future, and we would encourage you to visit the site and ensure you have retained a copy of anything you may need. If you require any assistance with this, please contact your regional LKIS Team.

[PHI/Online](#) aims to become a one-stop-resource for public health intelligence content, including:

- News and events
- Training
- National discussion forum
- Tools and resource, and
- Regional areas for local resources and local discussion

FutureNHS hosts a variety of workspaces including PHI/Online: <https://future.nhs.uk/PHIOnline>

If you are not already registered with FutureNHS you will be required to sign up and then navigate to THE Public Health Intelligence Online workspace. By joining this group, you will be added to the LKIS National member database held centrally by LKIS. This database is used as a secondary resource to send out information on events, updates and training opportunities related to LKIS and other related stakeholders. If you do not wish to be part of this list, please email

[LKISNorthEastandYorkshire@dhsc.gov.uk](mailto:LKISNorthEastandYorkshire@dhsc.gov.uk)

## Public Health CPD Calendar 2024

### NEW

#### NENC MECC

Due to interest we have decided to offer a series of **Core MECC training** sessions in May 2024 for those that were looking to put staff or volunteers on the training, but found to have limited numbers. The sessions will all be delivered via **Microsoft Teams** with the following dates available:

Tuesday 7<sup>th</sup> May 2 - 3:30pm - <https://training.meccgateway.co.uk/register/2SREMIZee>

Wednesday 15<sup>th</sup> May 10 - 11:30am - <https://training.meccgateway.co.uk/register/YYwboA1kU>

Monday 20<sup>th</sup> May 1 - 2:30pm - <https://training.meccgateway.co.uk/register/54qokC5DX>

The training is **free** to attend and will take learners through:

- Acquire an understanding of where MECC came from, what it is and isn't
- Understand the policy and context underpinning MECC
- Define 'Health Inequalities' and review relevant data
- Examine and discuss theories of Behaviour Change
- Develop confidence in using the 3A model within the MECC approach
- Differentiate between 'brief' and 'very brief' advice
- Explain potential barriers to having a MECC conversation

They will be delivered by Tom Wooldridge and any questions related to the training can be sent to [MECCregional@northumbria-healthcare.nhs.uk](mailto:MECCregional@northumbria-healthcare.nhs.uk).

## Public Health CPD Calendar 2024

### **Foundation Programme in Public Health**

The Foundation Programme in Public Health is running again for the North East and Yorkshire with sessions for level 1 and 2 scheduled to run throughout the year up until October 2024. For further details including registration, please see the link below.

This programme is designed to support the development of social care and the *wider* public health workforce in their knowledge and understanding of health inequalities and population health and your support in raising awareness of this opportunity through your networks would be appreciated.

[Foundation Programme in Public Health for North East and Yorkshire & Humber Organisations \(cloud.microsoft\)](#)

For any queries about the programme, please contact [FPPHqueries@barnsley.gov.uk](mailto:FPPHqueries@barnsley.gov.uk)

## Public Health CPD Calendar 2024

### e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

### **Introduction to Population Health Management module and communications assets published.**

The refresh of the Introduction to PHM eLearning module is now complete along with a suite of PHM communications assets to help systems promote local and national eLearning offers.

These assets bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework '**Know, Connect, Prevent**', a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Here are the finished links available on the Population Health Academy:

### **PHM communications assets**



## Public Health CPD Calendar 2024

### Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

### Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

## Public Health CPD Calendar 2024

### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **33** e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: [www.e-lfh.org.uk/programmes/all-our-health/](http://www.e-lfh.org.uk/programmes/all-our-health/).

## Public Health CPD Calendar 2024

### **Health Protection modules now available: Fundamentals of Health Protection**

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

**Key audiences** for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.

## Public Health CPD Calendar 2024

### Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email [sdsig@fph.org.uk](mailto:sdsig@fph.org.uk)

## Public Health CPD Calendar 2024

### FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course <a href="#">Musculoskeletal Health - Public Health Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. <a href="#">Leading with Kindness and Compassion - Health &amp; Social Care Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. <a href="#">Tackling Public Health Issues: Concepts &amp; Evidence - Online Course - FutureLearn</a>	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. <a href="#">Overcoming Imposter Syndrome - Free Online Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).