

SESSION 8: SUMMARY OF LEARNING

Teaching and Learning Tool Kit



<p>Self-reflection – ‘optimism is important because...’</p>	<p>Read significant research – highlight what resonates</p>	<p>Use speech bubbles to predict the type of things others might say</p>	<p>Reframing – from negative to positive</p>
<p>To ask, ‘For what purpose?’</p>	<p>1-10 values line ‘Where would you place yourself’</p>	<p>Looking ahead to the future – advice to others</p>	<p>Language pattern – ‘yes set’ to create a positive climate</p>
<p>Language pattern – ‘makes’ and ‘means’ to create positive belief</p>	<p>Language pattern – ‘Just suppose’ to create possibility</p>	<p>Write examples of language patterns appropriate to individual classes</p>	<p>Contrast frame – to consider both sides</p>