

# McNay Street Family Hub

| Day/Age  | Activity                    | Time                   | Venue  |
|--|-----------------------------|------------------------|--|
| <b>Tuesday</b>   |                             |                        |  |
| <b>18 months-4 Years</b>   | <b>Busy Feet</b>            | <b>9.30am-10.30am</b>  | <b>Red Hall Community Centre</b>               |
| A group for parent's/carers and children aged 18 months-4 years, where children can enjoy activities to promote motor skills and burn off some energy.   |                             |                        |  |
| <b>Wednesday</b>   |                             |                        |  |
| <b>0-4 Years</b>   | <b>Sensory Seekers</b>      | <b>10.00am-11.00am</b> | <b>Coleridge Centre, Skerne Park</b>           |
| A group for children aged 0 - 4 years who like to explore through sensory play. Especially suitable for children who need extra support with sensory processing, with practitioners available providing advice and guidance to support development.  |                             |                        |  |
| <b>Wednesday</b>   |                             |                        |  |
| <b>0-4 Years</b>   | <b>Walk &amp; Talk</b>      | <b>10-30am-11.30am</b> | <b>Meet at Clock Tower, South Park</b>         |
| Are you a parent or carer? Are you feeling lonely and want a chance to meet new people? Come along to our relaxed small group to take a walk, and have a chat. Pre-school children are welcome to come along. This is a drop-in session and you do not need to book a place or be referred to join in this group and we meet every Wednesday morning, 10.30am at the Clock Tower in South Park. For more information, please ring McNay St Family Hub on 01325 406250. |                             |                        |  |
| <b>Thursday</b>  |                             |                        |  |
| <b>0-2 Years</b>   | <b>First Words Together</b> | <b>10.00am-11.00am</b> | <b>Firthmoor Community Centre (Maidendale)</b> |
| Fun and simple activities to support babies' and toddlers' communication and language development, ages 0-2 years. This a 5 week programme and booking is necessary to secure a place so please contact 01325 406250.  |                             |                        |  |



September 2023

## Our venues:-

**McNay Street Tel: 01325 406250**  
**Mount Pleasant**  
**Skerne Park**  
**Maidendale**  
**Red Hall**



**DARLINGTON**  
Borough Council



## WEEKLY ACTIVITIES AT McNAY STREET FAMILY HUB

| Day/Age          | Activity                    | Time            | Additional information  |
|------------------|-----------------------------|-----------------|---|
| <b>Monday</b>    |                             |                 |   |
| 0 to 12 months   | <b>Baby Steps</b>           | 10.00am-11.00am | A group for babies 0– 12 months, and their parents/carers to enjoy activities together. Come and meet other parents, talk to our practitioners for advice and guidance on your baby’s development. Babies love to see other babies.   |
| <b>Wednesday</b> |                             |                 |   |
| 12 to 36 months  | <b>Toddler Time</b>         | 10.00am-11.30am | A group for toddlers aged 12 - 36 months, and their parents/carers to enjoy activities together. Come and meet other parents, talk to our practitioner for advice and guidance on your toddler’s development. Toddler love to socialise and learn from each other in our activity room! |
| <b>Thursday</b>  |                             |                 |   |
| 0-2 years        | <b>First Words Together</b> | 10.00am-11.00am | Fun and simple activities to support babies’ and toddlers’ communication and language development, ages 0-2 years. This a 5 week programme and booking is necessary to secure a place so please contact 01325 406250.   |
| <b>Friday</b>    |                             |                 |   |
| 0-4 years        | <b>Learn &amp; Play</b>     | 10.00am-11.00am | A group for children 0-4 years where they can learn through play. Support from practitioners to help parents/carers with ideas to help their children reach their learning potential with fun activities.   |



Check out our Facebook page [Darlington Children’s Centres](#)

