



ALLOTMENT VOLUNTEER - NECA DARLINGTON



NECA promotes and encourages the participation of volunteers in all areas of our work.

We recognise the different but equally valuable contribution of volunteers in complementing the work of our employees.

We believe that an investment should be made in our Volunteers in terms of their personal development. To this end we will provide regular and on-going support, supervision and training to enable Volunteers to enhance their volunteering work and to provide employment opportunities in the wider community.

All NECA volunteers can expect fair and equal treatment including payment of travel expenses, access to all relevant policies and procedures and involvement in a variety of the decision-making bodies and processes.

Purpose of the Allotment Project

To create and maintain an environment accessible to NECA clients focused on developing new and existing skills through positive engagement. The allotment will be maintained by both volunteers and supervised clients

This activity enables the clients to access a community based project which is focused on therapeutic needs and provides a level of exercise determined by the individual. An embedded approach to education enables the clients to learn about a healthier option at low cost surrounding dietary needs. It also provides the opportunity to care for animals kept at the project, and learn skills in woodwork and horticulture.

The opportunity of ownership is provided by developing and increasing both self-esteem and motivation.

Role Purpose - Tasks and Activities

- ◆ To develop and maintain current allotment project.
- ◆ To liaise with NECA staff member in forward planning for the area in which clients will access as an activity.
- ◆ To be able to carry out the role on own initiative and also in the presence of the clients who will be supervised by a NECA member of staff

If weather does not permit engagement outdoors, an alternative session may be offered indoors focusing on research and reporting on progress (Optional to volunteer). As with all client presence this will be under the supervision of staff member.

By volunteering with us, you're helping to make a difference to your community and the health and happiness of countless people.

For further information and details on other volunteer roles please visit www.neca.co.uk or contact NECA Darlington on 01325 267230