
**TRANSFORMING CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH
PROVISION – GREEN PAPER CONSULTATION**

Purpose of Report

1. To update Forum regarding the consultation on the Green Paper 'Transforming CYP Mental Health Provision'.

Background

2. The Joint Green Paper by DH and DfE builds on *Future in Mind (2015)* and *Five Year Forward View for Mental Health (2016)* and was informed by a DfE survey of mental health provision in schools, an evidence review led by the National Collaborating Centre for Mental Health and University College London and feedback provided to Health and Education Select Committee review and Stakeholder consultation.
3. The paper presents three announcements:
 - “We will **incentivise every school and college to identify a Designated Senior Lead for Mental Health** to oversee the approach to mental health and wellbeing. All children and young people’s mental health services should identify a link for schools and colleges. This link will provide rapid advice, consultation and signposting.
 - We will **fund new Mental Health Support Teams**, supervised by NHS children and young people’s mental health staff, to provide specific extra capacity for early intervention and ongoing help. Their work will be managed jointly by schools, colleges and the NHS. These teams will be **linked to groups of primary and secondary schools and to colleges**, providing interventions to support those with mild to moderate needs and supporting the promotion of good mental health and wellbeing.
 - As we roll out the new Support Teams, we will **trial a four week waiting time for access to specialist NHS children and young people’s mental health services**. This builds on the expansion of specialist NHS services already underway.”
4. These new initiatives will be supported by:
 - the roll out of the *Mental Health Services and Schools Link Pilot* training to all areas by 2025 (building on Phase 1 complete and Phase 2 (underway). Darlington are represented in this training taking place for 15 schools, on 5th March 2018 and 30th April 2018.
 - the *Teaching and Leadership Innovation Fund* will support training providers to develop training packages to build the skills of Designated Senior Leads for Mental Health and support the delivery of whole school approaches.
5. Darlington is investigating the possibility of joining a consortium bid with Leeds Beckett University and Middlesbrough Catholic Schools' Partnership to the Teaching and Leadership Innovation Fund. It is proposed that this bid develop a trailblazer apprenticeship for 'School Mental Health Lead'. The application process takes upto Summer 2018 and if successful

further information will be made available to schools through forums such as Joint Head Teachers.

Impact on Schools

6. The designated senior lead for mental health in schools should have oversight of a **whole school approach**:
 - mental health reflected in policies, curriculum and pastoral support
 - staff supported with their own mental wellbeing
 - pupils and parental engagement
 - supporting the identification of at risk children and children exhibiting signs of mental health problems
 - knowledge of the local mental health services and working with clear links into children and young people's mental health services to refer children and young people into NHS services where it is appropriate to do so;
 - coordination of the mental health needs of young people within the school or college and oversight of the delivery of interventions where these are being delivered in the educational setting
 - support to staff in contact with children with mental health needs to help raise awareness, and give all staff the confidence to work with young people;
 - overseeing the outcomes of interventions, on children and young people's education and wellbeing.
7. The DfE will update Mental Health and Behaviour Guidance. DfE will review the existing requirements on schools for publishing policies and information for parents and carers, including behaviour, safeguarding and SEND policies, and whether these requirements need to be updated to ensure the school's approach to mental health and wellbeing is properly reflected.
8. A member of staff in every primary and secondary school in England should receive mental health awareness training. The DfE have committed up to £15-20 million each year from 2019 to cover costs until all school and colleges have had chance to train a lead.
9. A national review of PSHE, relationships and sex education (RSE) in secondary schools, and relationships education in primary schools will require that every child is taught about mental health. A specific focus being on how mental health and wellbeing can support healthy relationships and how best to secure good quality teaching for all pupils through PSHE.

Impact on Health

10. The new mental health teams will be formed to benefit children and young people who demonstrate mild or moderate conditions including: anxiety (primary and secondary school age), low mood (adolescents) and common behavioural difficulties and support will not be limited to those children in mainstream education.
11. They will
 - be supervised by NHS children and young people's mental health staff and linked to groups of schools and colleges
 - work with the Designated Senior Leads for Mental Health in schools and colleges
 - provide assessment and referral function

- support existing effective provision in the local area by training other professionals, including family workers, early help workers, social workers and teams who work with young offenders
 - provide additional support during treatment, including supporting self-care
 - support young people who have experienced trauma (such as bereavement) or traumatic incidents
 - work with school nurses
12. The NHS will pilot implementing reduced waiting times for access to NHS-funded children and young people's mental health services in some of the trailblazer areas. This will aim for children and young people in those areas to be able to access NHS-funded services within four weeks.
13. The recent DfE led pilots on peer support and randomised controlled trials on approaches to improve mental wellbeing in schools, will be promoted. There will be consideration of how inspection can continue to serve as a force for improvement, so that all pupils, and in particular those who are vulnerable, receive an education that meets their needs and prepares them well for life. The DfE will convene work to look at evidence of how schools and colleges can effectively measure the impact of what they do to support the mental health and wellbeing of pupils. Ofsted will be engaged in this.

Consultation

14. The consultation document asks some specific questions for schools views. The consultation document is attached. To respond to the consultation, you can complete the online consultation questions at <https://engage.dh.gov.uk/youngmentalhealth/>.
15. The consultation will close at noon on **2 March 2018**. Following this the DH and DfE are looking at establishing new governance structures to oversee implementation of the Green Paper proposals.
16. Darlington CCG and Darlington Borough Council have submitted a joint response to the consultation in liaison with the schools workstream of the Future in Mind Local Transformation Plan task and finish group.
17. In the future the Local Transformation Plan task and finish group will focus on consistency of message in expectations for prevention and early intervention actions within the plan.

Recommendations

18. That Forum notes the consultation and if possible prior to the deadline schools can respond directly to this.
19. That Forum notes a response has been made jointly by Darlington CCG and DBC with input from the Future in Mind task and finish group.
20. That Forum notes the importance of the CYP mental health link project in which 15 schools are involved, as being a support to the implementation of the key initiatives in Darlington.
21. That Forum note that DBC is seeking to support a consortium proposal to the Teaching and Leadership Innovation Fund.

Eleanor Marshall, School Forum Officer