

Children and Young People's Mental Health Green Paper: Consultation Questions

Transforming children and young people's mental health provision: *A Green Paper*

This document is intended for ease of reference and should not be used as a response form.

To respond to the consultation, you can complete the online consultation questions at <https://engage.dh.gov.uk/youngmentalhealth/>. The consultation will be open for 13 weeks and will close at noon on 2 March 2018.

Overview

Improving support for children and young people's mental health is a top priority for this Government. This green paper on children and young people's mental health aims to ensure that those who need it are able to access the right help for their mental health, in the right place and at the right time. It focuses on earlier intervention and prevention, particularly in or linked to schools and colleges.

We welcome all responses to the consultation including from those who have experience of mental ill-health or know someone close to them who has such experience. The consultation focuses on how the proposals in the green paper will be implemented.

This consultation has 21 questions. However, you do not have to answer all of them. Only answer those questions you want to or those which are relevant to you.

You can save your responses and return to complete the survey at any time. The survey will be open for 13 weeks, in alignment with Cabinet Office guidance, and will close at noon on 2 March 2018.

Please select your age *

15 or under

16 or older

<input type="checkbox"/>
<input type="checkbox"/>

If you select 15 or under

Please ask permission from your parent or guardian

If you are 15 or under you need to ask your parent or guardian for permission for the Department of Health to collect your email address before you can continue.

Parent/guardian details

As part of the consultation we will ask the person responding for their email address. If someone who is 15 or under gives their email address, it will be stored securely by the Department of Health and deleted when this consultation has finished. The Department of Health will not publish the email address, or share it with any other organisation, or use it to contact the person.

I am the parent or guardian of the child/young person responding to this consultation on children and young people's mental health.

I give permission for their email address to be collected and used as described above.

I do not give permission for their email address to be collected and used as described above

<input type="checkbox"/>
<input type="checkbox"/>

Full name (of parent/guardian)

Email address (of parent/guardian)

If you have any questions about the consultation contact youngmentalhealth@dh.gsi.gov.uk

About you

First name

Surname

What is your email address?

By providing your email address we can confirm your response has been submitted, you will also be able to come back and answer more questions another time (as long as you have not submitted your response). The closing date is noon on 2 March 2018.

We will only contact you if you would like to hear from the Department of Health

Are you happy for the Department of Health to use your email address to contact you to clarify points in your response, if necessary?

Yes

No

<input type="checkbox"/>
<input type="checkbox"/>

Are you happy for the Department of Health to use your email address to send you updates about mental health?

Yes

No

<input type="checkbox"/>
<input type="checkbox"/>

Are you responding as an individual or on behalf of an organisation?

Individual

Organisation

<input type="checkbox"/>
<input type="checkbox"/>

What is the name of your organisation?

What sector is your organisation?

Education - state-funded

<input type="checkbox"/>

- Education - independent
- Mental health services - NHS
- Mental health services - private
- Health services
- Social services
- Academia
- Local authority
- Charity or non-government organisation
- Prefer not to say
- Other, please specify: _____

Why are you interested in telling us your views about children and young people’s mental health?

- Personal interest
- Work interest
- Both
- Other, please specify: _____

If your interest is personal, are you a:

- Young person (up to 15 years old)
- Young person (16-25 years old)
- Parent or carer of a child or children
- Someone with experience of mental health issues, but have never used mental health services
- Someone who is currently using mental health services
- Someone who has used mental health services in the past
- Family or friend of someone with mental health issues
- Other

If your interest is work-related, do you work in:

- Education – state-funded
- Education - independent
- Mental health services - NHS
- Mental health services - private
- Health services
- Social services
- Academia
- A local authority
- Charity or non-government organisation

Other, please specify: _____

Consultation Questions

Question 1:

The core proposals in the green paper are:

- All schools and colleges will be incentivised and supported to identify and train a Designated Senior Lead for Mental Health who will oversee the approach to mental health and wellbeing
- Mental Health Support Teams will be set up to locally address the needs of children and young people with mild to moderate mental health issues, they will work with schools and colleges link with more specialist NHS services
- Piloting reduced waiting times for NHS services for those children and young people who need specialist help

Do you think these core proposals have the right balance of emphasis across a) schools and colleges and b) NHS specialist children and young people’s mental health services?

Please give your answer below (max 250 words)

Question 2:

To support every school and college to train a Designated Senior Lead for Mental Health, we will provide a training fund.

What do you think is the best way to distribute the training fund to schools and colleges?

Please rank the following in order of preference:

Set amount of funding made available to each school, for them to buy relevant training with

Funded training places made available locally for schools to book onto

Funding allocated to local authorities and multi-academy trusts to administer to schools

Funding distributed through teaching school alliances

If you wish, please provide any further information on why you have ranked in this order of preference (max 250 words)

Question 3:

Do you have any other ideas for how the training fund could be distributed to schools and colleges? (max 250 words)

Mental Health Support Teams

Question 4:

Trailblazer phase: A trailblazer phase is when we try out different approaches

Do you know of any examples of areas we can learn from, where they already work in a similar way to the proposal for Mental Health Support Teams?

Please give your answer below (max 250 words)

Question 5:

Different organisations could take the lead and receive funding to set up the Mental Health Support Teams. We would like to test different approaches.

Which organisations do you think we should test as leads on this?
Please rank the following organisations in order of preference:

Clinical Commissioning Groups (CCGs)

Groups of schools

Local authorities

Charity or non-government organisation

Other: _____

Question 6:

Mental Health Support Teams will work and link with a range of other professionals and we would like to test different approaches.

From the list below, please identify the three most important 'links' to test in the way they would work with Mental Health Support Teams:

Educational psychologists

Local authority troubled families teams

Local authority children and young people's services

Local authority special educational and disability (SEND) teams

School nurses

School-based counsellors

Charity or non-government organisation

Youth offending teams

Other: _____

Question 7:

Mental Health Support Teams and Designated Senior Leads for Mental Health in schools and colleges will work closely together, and we will test this working through the trailblazer phase.

Out of the following options how do you think we should measure the success of the trailblazer phase? Please pick your top three:

Impact on children and young people’s mental health	
Impact on quality of referrals to NHS Children and Young People Mental Health Services	
Impact on number of referrals to NHS Children and Young People Mental Health Services	
Quality of mental health support delivered in schools and colleges	
Amount of mental health support delivered in schools and colleges	
Effectiveness of interventions delivered by Mental Health Support Teams	
Children and young people’s educational outcomes	
Mental health knowledge and understanding among staff in school and colleges	
Young people’s knowledge and understanding of mental health issues, support and self-care	
Numbers of children and young people getting the support they need	
Other: _____	

Question 8:

Trailblazer phase: A trailblazer phase is when we try out different approaches

When we select areas to be trailblazers for the Mental Health Support Teams, we want to make sure we cover a range of different local factors. What factors should we take into account when choosing trailblazer areas?

Please rank the following in order of importance:

Deprived areas	
Levels of health inequality	
Urban areas	
Rural areas	
Areas where children and young people in the same school/college come under different Clinical Commissioning Groups (CCGs)	
Other: _____	

Question 9:

How can we include the views of children and young people in the development of Mental Health Support Teams?

Please provide your answer below (max 250 words)

Piloting a waiting time standard

Question 10:

Waiting time standards are currently in place for early intervention for psychosis and for eating disorder services.

Outside of this, are you aware of any examples of local areas that are reducing the amount of time to receive specialist NHS help for children and young people's mental health services? Can we learn from these to inform the waiting times pilots?

Please give your example(s) below (max 250 words)

Schools and colleges

Question 11:

Schools publish policies on behaviour, safeguarding and special educational needs and disability.

To what extent do you think this gives parents enough information on the mental health support that schools offer to children and young people?

All of the information they need

Most of the information they need

Some of the information they need

None of the information they need

Don't know

Please tell us more about why you think this (max 250 words)

Question 12:

How can schools and colleges measure the impact of what they do to support children and young people's mental wellbeing?

Please give your answer below (max 250 words)

Vulnerable groups

Question 13:

In the development of the Mental Health Support Teams, we will be considering how teams could work with children and young people who experience different vulnerabilities.

How could the Support Teams provide better support to vulnerable groups of children and young people?

Please give your answer below (max 250 words)

Support for children looked after or previously looked after

Question 14:

As we are rolling out the proposals, how can we test whether looked after children and previously looked after children can easily access the right support?

Please give your answer below (max 250 words)

Support for children in need

Question 15:

As we are rolling the proposals out, how can we test whether children in need who are not in the care system can access support?

Please give your answer below (max 250 words)

Support for children and young people with special educational needs or disability

Question 16:

As we are rolling the proposals out, how can we test whether children and young people with special educational needs or disability are able to access support?

Please give your answer below (max 250 words)

Providing evidence for an Impact Assessment

A consultation stage Impact Assessment was published alongside the green paper. The following questions seek to gather further evidence to inform future versions of the Impact Assessment. We welcome references to any evidence, published or in development, or expert opinion on the topics set out above to help refine our final Impact Assessment.

If you have not read the Impact Assessment or do not wish to respond to these questions then please skip to the next section.

Question 17:

Please provide any evidence you have on the proportion of children with diagnosable mental health disorders, who would benefit from support from the Mental Health Support Teams

Please give your answer below

Pre diagnosable: Children and young people who have mild or low-level needs which do not constitute a diagnosable mental health condition but are at risk of developing one and would benefit from a form of support

Question 18:

Please provide any evidence you have on the proportion of children with pre-diagnosable mild to low-level mental health problems who would benefit from support from the Mental Health Support Teams

Please give your answer below

Question 19:

Please provide any evidence you have of the impact of interventions for children with mild to moderate mental health needs, as could be delivered by the Mental Health Support Teams. We are interested both in evidence of impact on mental health and also on wider outcomes such as education, employment, physical health etc.

Please give your answer below

Question 20:

Please provide any evidence you have on the impact of Children and Young People Mental Health Services therapeutic treatments

Please give your answer below

Question 21:

Is there any other evidence that we should consider for future versions of the Impact Assessment?

Please give your answer below

Demographics

What is your age?

Up to 11

12-15

16-19

20-24

25-29

30-39

40-49

50-59

60-69

70-79

Above 80

Prefer not to say

What is your ethnic group?

Please choose one option that best describes your ethnic group or background

White

English/Welsh/Scottish/Northern Irish/British

Irish

Gypsy or Irish traveller

Any other white background, please describe: _____

Mixed/multiple ethnic groups

White and Black Caribbean

White and Black African

White and Asian

Any other mixed/multiple ethnic background, please describe:

Asian/Asian British

Indian

Pakistani

Bangladeshi

Chinese

Any other Asian background, please describe: _____

Black / African / Caribbean / Black British

Black

African

Caribbean

Chinese

Any other Black / African / Caribbean background, please describe:

Other ethnic group

Arab

Any other ethnic background, please describe: _____

Prefer not to say

Prefer not to say

What is your gender?

Female

Male

If none of these apply to you, please specify how you identify here:

Prefer not to say

What is your sexual orientation?

Heterosexual/straight

Gay/Lesbian

Bisexual

If none of these apply to you, please specify how you identify here:

Prefer not to say

Do you consider yourself to be disabled?

Yes

No

The Equality Act 2010 defined a person as disabled if they have a physical or mental impairment, that has a substantial and long-term (i.e. has lasted or is expected to last at least 12 months) and adverse effect on the person's ability to carry out normal day-to-day activities.