





Dementia Friendly Darlington

Dementia Friendly Darlington is a partnership of public, private and voluntary sector organisations working together with the aim of making Darlington and surrounding areas dementia friendly.

This pack contains information to help you get the support you need whilst living with or caring for someone living with dementia. Information and leaflets are also available at the Crown Street Library during normal opening hours or you can contact the Dementia Adviser from the Alzheimer's Society, by telephone on **Tel: 0191 389 0400** or via mobile 07734 785428 or email kathryn.hardwick@alzheimers.org.uk.

Who we are	What we do
 <p>Contact: Dementia Adviser Darlington Tel: 0191 389 0400 or 07734 785428</p>	<p>Alzheimer's Society is the UK's leading support and research charity for people with dementia, their families and carers.</p> <p>We provide one to one support and information on all forms of dementia and signpost to the most appropriate service to help you. We run regular dementia cafes, Singing for the Brain and Games for the Brain sessions.</p>
 <p>Contact: Sharon Vasey Befriending Co-ordinator</p> <p>Tel: 01325 362832/ 07483 058836 Email: sharon.vasey@ageuknyd.org.uk www.ageuknyd.org.uk</p>	<p>Age UK North Yorkshire & Darlington offer a number of services for people living with dementia. Our newly refurbished dementia friendly environment called 'The Arcade'. Care at home and Carer's Respite Service. Rely on Me Befriending Scheme and our wide range of activities are welcoming to all.</p>



Contact: Darlington Carers Support
Unit 1F, Enterprise House
Valley Street
Darlington
DL1 1GY

Tel: 0300 0301215
Email: admin@darlingtoncarers.org
www.dccarers.org

The Carers Support Service provides information, advice and support to any unpaid carer.



Contact: Yvonne Hoare
Day Service Manager
Tel: 01325 283169
Email: Yvonne.Hoare@darlingtonmind.com

<http://darlingtonmind.com/index.html>

St. Hilda's day centre provides support for older people with a diagnosis of dementia or who are experiencing mental health issues. Members are offered alternative therapy in the form of music therapy, art & craft therapy, pat dog therapy, pony therapy and reminiscence therapy. We also offer gentle exercises, word games and quizzes. Members can also enjoy relaxing in our quiet area or take a walk in our beautiful gardens.



Darlington Borough Council Adult Social Care Duty Team
Tel: 01325 406111

www.darlington.gov.uk/health-and-social-care/adult-social-care

Enables people to live as independently as possible in their local communities. Provides people with information and advice so that they can choose and arrange support that best meets their social care needs. Carries out assessments of people's care and support needs and carers' support needs. Safeguards adults at risk of harm.

Healthwatch Darlington
Email: info@healthwatchdarlington.co.uk
www.healthwatchdarlington.co.uk

Healthwatch Darlington offer Information and Signposting to local health and social care services. We sit on the dementia strategy group and the communities subgroup and are happy to take your comments directly to these boards.

<p>Lifeline Services Darlington Borough Council Contact: Julie Battye Lifeline Team Leader Tel: 01325 406888 Email: Julie.battye@darlington.gov.uk</p> <p>www.darlington.gov.uk/health-and-social-care/adult-social-care/support-to-live-at-home/lifeline-and-telecare</p>	<p>The Lifeline Service gives people the freedom to live independently and the security of knowing that they can always get help when they need it by pressing a small pendant to let Lifeline staff know that they need help. Telecare services are also available, including fall detectors, bed sensors and pill dispensers.</p>
<p>Tees, Esk and Wear Valleys NHS Foundation Trust</p> <p>Contact: Darlington Community Team, Mental Health Services for Older People</p> <p>West Park Tel: 01325 552014/15</p> <p>Website: www.tewv.nhs.uk</p> <p>www.tewv.nhs.uk/site/content/Care-&-Treatment/Older-People/Darlington-community-com</p>	<p>The Darlington Community Mental Health Service offers assessment, diagnosis and treatment for older people who are suffering from depression, anxiety, dementia and other mental health illness and also have complex physical health problems or related frailty.</p> <p>The team provides a range of services including:</p> <ul style="list-style-type: none"> • Memory services including diagnosis of dementia and monitoring of medication. • Carer education • Assessment of mood, anxiety and other symptoms of mental health illness.

Dementia Friendly Darlington Steering Group

Age UK North Yorkshire & Darlington
Cllr Sue Richmond
Department for Education
County Durham & Darlington NHS Foundation Trust

Alzheimer's Society
Darlington Borough Council
Home Instead

Email dfcdarlington@gmail.com for more information

