
**TRANSFORMING CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH PROVISION
– REFRESH OF LOCAL TRANSFORMATION PLANS**

Purpose of the Report

1. For School Forum to note the overarching priorities noting projects for Darlington within the refreshed Local Transformation Plan (LTP) – **Annex 1**
2. For School Forum to recommend appropriate representation(s) on the stakeholder group.

Background

3. It is an annual requirement by NHS England that the Local Transformation Plans (LTP) for transforming Children & Young People's Mental Health is refreshed. The Plans for each area outline progress against actions initially set in 2015 to improve children and young people's mental health and outline the work that has been undertaken in each local area to generate significant improvements within mental health provision for local children and young people. The plans also provide an overview of the next steps for each area.
4. The LTP has been agreed by the Darlington Integration Board with support from the HWB, and Darlington CCG Executive Board.
5. Darlington's LTP is based on the five themes outlined within *Future in Mind*. These continue to be the key themes for the Transformation of services locally as this enables us to focus our work and ensure that all areas of the pathway and system delivering it are transformed and improved. The recommendations made in the report were based around five key themes:
 - Promoting Resilience, prevention and early intervention
 - Improving access to effective support
 - Care for the most vulnerable
 - Accountability and Transparency
 - Developing the Workforce
6. Children & Young People have been involved in consultation exercises which are discussed in the LTP refresh. This included a Healthwatch led survey and feedback via the Healthy Lifestyle Survey. Their views will be incorporated into the work plans as to how we make improvements to the mental health system.
7. There are clear linkages between the Darlington CYPP, the draft Looked after Children strategy, sufficiency and commissioning statement, and the requirements of *Future in Mind*. The CYP plan allows for the ambitions from both areas to be aligned and worked towards simultaneously. This will ensure a whole system approach and strengthen the resilience and impact of both strategies moving forward.

8. The LTP also incorporates the LA Early Help strategy and ‘The Charter’ to tackle the causes and effects of poverty.

Progress To Date

9. Since the inception of Future in Mind the focus from a Local Authority perspective has been on upskilling schools through Mindfulness, Mental Health First Aid, Peer Support and through Anti Stigma campaigns commissioned and managed by Public Health England and Education Services.
10. In 2017-18 we have undertaken a range of improvements to achieve our vision. Overarching successes, which are described in more detail in the plan, have been:
- Successful engagement of schools and Specialist CAMHS service through the Anna Freud School Link Programme, leading to an improved partnership.
 - Engagement of a clinical lead for Darlington.
 - Improved partnership between Health and Education leading to improvement in the SEND agenda (Social, emotional, mental health).
 - Joint Commissioning with a cohort of schools to develop and pilot projects in 18/19 (see separate paper).
11. The CCG has also invested in CAMHS specialist services; enabling the Crisis Service to be available 24/7, supporting the development of a Tees-Wide Eating Disorder Service, funding Primary Mental Health Support Workers (PMHW) and Early Intervention Psychosis.

Future priorities

12. Following the publication of the *Five Year Forward View Mental Health (FYFVMH)* goals (which align with *Future in Mind*), CCGs are assured in terms of progress towards achieving those goals.
13. The details of what needs to be achieved by 2020/21 are:

	Five Year Forward View Mental Health Goal	PROGRESS
1	Developing and refreshing a children and young people’s mental health Local Transformation Plan on an annual basis, ensuring milestones are achieved, funding allocation is robust and agreed across the system and impact is monitored.	Darlington has worked with children, young people, parents/ carers and across the whole system to agree and develop a LTP and vision for children’s mental health services.
2	A dedicated community eating disorder service is provided achieving the access and waiting times set out nationally in the Eating Disorder Guidance, and that the provider is part of the Quality Network.	A Darlington and County Durham Community Eating Disorder Service for children and young people has been implemented and complies with the national guidance, meaning that young people now receive a NICE compliant service, closer to home.

3	Joint agency workforce plans aligned with the roll out of Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) programme.	Darlington is a member of the North East, Humber and Yorkshire Learning Collaborative for CYP IAPT. From 2018, Darlington CCG has taken over the Partnership lead role and has prioritised expanding the partnership and embedding it within the LTP steering group. Following a recent support and challenge session, we are in the process of developing an action plan to embed and widen the CYP IAPT programme further. This is discussed in greater detail in Section 8 of the plan.
4	Ensuring there is a mental health crisis response especially out of normal working hours.	The CCG has commissioned TEWV to provide a Paediatric Mental Health Crisis & Liaison team based in the Darlington Memorial Hospital. This service is provided 24/7; 7 days per week and meaning that CYP presenting at A&E with mental health issues get the appropriate timely response. This is helping to reduce inpatient admissions both within Darlington and across Tier 4 beds.
5	Collaborative commissioning plans between the CCG and NHS England with regards Tier 3 and Tier 4 CAMHS.	The CCG is working with NHS England and TEWV on the New Models of Care agenda to develop collaborative commissioning plans around crisis care and inpatient pathways. Reinvestment by TEWV into an intensive home treatment service aligned to the Crisis Team has helped to reduce Tier 4 bed days, allowed CYP to be supported in their own homes thereby creating better outcomes.

14. In 2018-19 the priorities of the LTP include:

- Partnership working between Darlington and CCG bidding process to be a Green Paper Trailblazer site. The bids were produced through a multi-agency approach utilising knowledge and experience from Local Authority, TEWV, schools, Independent Psychological providers, VCS and the CCG. Unfortunately Darlington was unsuccessful in the Trailblazer bids however we will continue to work as partnerships to achieve these priorities. We will utilise opportunities available through joint commissioning to pursue this vision.
- Supporting the Local Authority Careers Enterprise Fund project. Future in Mind will support a Gypsy Roma Traveller (GRT) Children and Young People (CYP) project 'Moving On, Aiming High'. Delivery of Circle of Friends' Peer Support in Schools. (see separate paper)
- Development of Joint Commissioning of low to moderate level services for children and young people with SEMH (see separate paper).

- Workforce development. To work collaboratively to address gaps in skills & knowledge building up a multi-agency workforce plan.

Governance

15. LTP's are overseen by working groups in each CCG area. In Darlington, a working group has been set up to monitor progress against the actions identified within the plan. The first meeting of the group has reviewed the content of the LTP and began to consider actions. The CCG are finalising attendees and a Terms of Reference will be developed.
16. This group would benefit from the support and attendance from Education settings in Darlington to advise on the development of the wider plan and develop the projects for Education settings.
17. The governance process to oversee the work is with accountability to the Health & Wellbeing Board and the CCG Executive Board.

Recommendations

18. That School Forum:
 - (a) Note the refreshed LTP, achievements to date and priorities for 2018-19.
 - (b) Provide support to the Governance of the LTP and agree appropriate representation on the working group.