



ACCESS 27

THEATRE & TRAINING SESSION EXPLORING
TEENAGE & YOUNG ADULT RELATIONSHIP ABUSE

ACCESS 27 LTD.

THURSDAY 17TH SEPTEMBER 2026

1:30PM - 4PM

TANDEM, Morton Park Business Training Centre, Darlington, DL1 4PJ

**A PERFORMANCE EXPLORING
TEENAGE & YOUNG ADULT RELATIONSHIP ABUSE**

CONTENT & TRIGGER WARNING

The performance contains statistics & scenes relating to domestic abuse & sexual violence, discriminatory language, stalking & harassment, self-harm, suicide & mental health. Some viewers may find elements of the performance harmful or upsetting.

THE TRAINING EXPLORES

DIFFERENT TYPES OF RELATIONSHIP ABUSE

The different types of domestic abuse & the unhealthy behaviours within them.

HEALTHY & UNHEALTHY BEHAVIOURS

The impact of unhealthy & harmful behaviours within different types of relationships, and discussing healthy relationships & behaviours.

THE CYCLE OF ABUSE

The different stages of the 'cycle of abuse', exploring behaviours present at each stage & challenging assumptions.

VULNERABILITIES, SIGNS & SYMPTOMS

What makes some young people & young adults vulnerable to DA, why this can put them at higher risk, and the signs & symptoms that may present.

SUPPORT

Signposting for additional support.

Following the Training session, delegates will be provided with a **DIGITAL RESOURCE PACK** summarising elements covered in the training and including **FRONT-LINE SUPPORT INFO**

TO BOOK YOUR PLACE

EMAIL:

WORKFORCE.TRAININGBOOKINGS@DARLINGTON.GOV.UK