

BISTRO MENU

THE BAKERY

HOMEMADE SCONES

CHEESE, FRUIT, OR CHERRY £2.50

ADD JAM AND CLOTTED CREAM £1.00

SELECTION OF CAKES, FLAPJACKS AND TRAY BAKES

Ask Staff for today's selection.



ALLERGEN INFORMATION

Our allergen guide is available upon request which provides the major 14 allergens present in each dish. We cannot guarantee that there are no trace allergens, this is because we prepare all food in a kitchen where allergens are present. Please make staff aware of any allergies or intolerances when placing orders.

☑ Suitable for vegetarians or vegetarian option available.

(VE) Suitable for vegans

BRUNCH

AVAILABLE ALL DAY

TOASTED TEA CAKE £2.50

Served with butter or low fat spread.

BREAKFAST BAP ☑ £3.75

Choose from back bacon, farmhouse sausage or meat free sausage in choice of white, brown or gluten free roll.

THE BIG BREAKFAST BAP £6.50

Farmhouse sausage, back bacon, fried hens' egg, and hash brown.

SERVED UNTIL 12PM

BREAKFAST COMBO £4.75

Choose one of our breakfast baps with americano coffee or pot of tea.

EXPRESS BREAKFAST £6.95

Farmhouse sausage, back bacon, hens' egg, hash brown, toast and beans.

THE BIG BREAKFAST £9.95

Two rashers of back bacon, two farmhouse sausage, two free range hens' eggs, baked beans, black pudding, sautéed mushrooms, roast tomato, hash brown and toast.

VEGAN BREAKFAST (VE) £8.95

Meat free sausages, baked beans, sautéed mushrooms, roast tomato, hash brown and toast.

MEAT FREE BREAKFAST £8.95

Meat free sausages, two free range hens' eggs, baked beans, sautéed mushrooms, roast tomato, hash brown and toast

FREE RANGE EGG OMELETTE ☑ £6.00

Three free range egg omelette, with cheese and roast tomato. Served with baked beans.

EGGS YOUR WAY ☑ £6.00

Poached, fried or scrambled with hash brown and roasted tomatoes on a toasted English muffin or gluten free bloomer.

SMASHED AVOCADO ON TOAST ☑ £7.50

Smashed avocado, poached eggs, and chilli flakes on a toasted bloomer or gluten free bread.

TOAST & PRESERVE ☑ £2.50

Choice of white, wholemeal, gluten free with butter or low-fat spread and jam or marmalade.

CROISSANTS £3.20

Two warmed croissants with preserve.

DAY TIME FAVOURITES

HOT SANDWICHES

ALL SERVED WITH FRESH SIDE SALAD

ADD FRIES OR TRADITIONAL CHIPS TO ANY SANDWICH FOR JUST £1.50

HAM AND CHEDDAR PANINI £8.00
Roasted ham with mature cheddar cheese.

THE DC CLUB SANDWICH £8.00
Triple decker toasted sandwich with chicken, bacon, tomato, cheese, lettuce, and mayonnaise.

SPICY CHICKEN FAJITA WRAP £8.00
With tomato salsa, avocado and sour cream.

NEW CHICKEN CAESAR WRAP £8.00
Chicken breast with crisp lettuce and caesar dressing folded in a soft tortilla wrap.

FISH FINGER SANDWICH £8.00
Three large crispy cod fish fingers with tartar sauce.

TUNA MELT BAGUETTE £8.00
Tuna in light mayonnaise with melted mature cheddar.

PHILLY CHEESESTEAK £8.00
Tender beef steak, roast peppers, red onion and melted cheddar in a crusty baguette.

CHICKEN BLT £8.00
Chicken breast, bacon, lettuce, tomato and mayonnaise.

OVEN BAKED JACKET POTATOES

ALL SERVED WITH FRESH SIDE SALAD

CHEDDAR CHEESE ❶ £7.50

PRAWN MAYO £8.00

BAKED BEANS ❶ £7.50

BEEF CHILLI £8.00

FIVE BEAN CHILLI (VE) £8.00

TUNA MAYO £7.50

ADD CHEDDAR CHEESE £1.00

OMELETTES

THREE FREE RANGE EGGS ALL SERVED WITH FRIES AND FRESH SIDE SALAD.

ROAST MUSHROOM AND CHEESE ❶ £8.00

HAM AND CHEESE £8.00

WHY NOT MAKE YOUR OMELETTE HEALTHIER AND LEAVE OUT THE CHEESE? JUST ASK WHEN ORDERING.

COLD SANDWICHES

ALL SERVED WITH FRESH SIDE SALAD

CHOOSE BETWEEN WHITE, GRANARY, GLUTEN FREE BREAD OR TORTILLA WRAP

ADD FRIES OR TRADITIONAL CHIPS TO ANY SANDWICH FOR JUST £1.50

MATURE CHEDDAR & CHUTNEY* ❶ £5.75
Mature cheddar cheese with apple chutney.

TUNA AND CUCUMBER * £5.75
Tuna in light mayonnaise with sliced cucumber.

ROAST HAM AND TOMATO* £6.00
Roast ham with vine tomatoes.

EGG MAYONNAISE* ❶ £5.75
Free range egg in light mayonnaise with vine tomatoes.

PRAWN MAYONNAISE £6.75
Greenland prawns tossed in light mayonnaise with iceberg lettuce.

HOMEMADE SOUP

SOUP OF THE DAY £5.50
Served with choice of crusty white roll, wholemeal roll or gluten free bread.

SOUP AND A SANDWICH £8.00
A bowl of homemade soup with a cold sandwich of your choice (Marked *)



LEAVES & GRAINS

WHY NOT ASK FOR DRESSING SEPARATE TO HELP MAKE YOUR SALAD EVEN HEALTHIER.

GREEK HOUMOUS (VE) £8.00
Flat bread, roast beetroot, olives, fresh salad and balsamic glaze.

PRAWN SALAD £9.00
Prawn mayonnaise, mixed leaves, tomatoes, cucumber, red onions, croutons and lemon.

CHICKEN CAESAR SALAD £9.00
Chicken breast, bacon, caesar dressing, croutons, shaved parmesan cheese.

GRILL & MAINS

HOME COMFORTS

- FISH & CHIPS** £12.95
Battered cod, traditional chips, mushy peas and tartare sauce.
- CLASSIC LASAGNE** £11.50
Homemade lasagne, garlic bread, fresh salad.
- TAYLORS STEAK PIE AND MASH** £11.50
Taylors of Darlington steak pie, buttery mash, peas and gravy.
- CHICKEN TIKKA CURRY** £11.50
With basmati rice and naan bread.
- VEGETABLE TIKKA CURRY (VE)** £10.50
With basmati rice and naan bread.
- CHILLI CON CARNE** £11.50
With rice, sour cream, jelepeno and cheese
- CHICKEN PARMESAN** £12.50
Breaded chicken breast, bechamel sauce, melted cheese, with chips and salad.
- HOT SHOT PARMESAN** £14.00
Breaded chicken breast, bechamel sauce, melted cheese, jalapeños, chorizo with chips and salad.



THE GRILL

- GAMMON & PINEAPPLE** £11.50
Grilled 8oz gammon steak with caramelised pineapple, fried egg, traditional chips.
- THE DC BURGER** £11.50
6oz burger, melted cheese, bacon bits, onion rings and DC burger sauce and fries.
- CLASSIC BURGER** £9.50
6oz beef burger with lettuce and tomato, mayo and fries.
- ADD BACON** £1.00
- ADD CHEESE** £1.00
- ADD EXTRA BURGER** £2.50
- FALAFEL BURGER (VE)** £9.50
A blend of chickpeas and Spinach spiced with coriander, chilli and turmeric served with salad and fries.

THE DOGS

FOOT LONG 'ROLLOVER' HOT DOG

ADD FRIES OR TRADITIONAL CHIPS TO ANY HOT DOG FOR JUST £1.50

- THE CLASSIC HOT DOG** £7.00
With American mustard and ketchup.
- THE DIRTY DOG** £8.00
Melted cheese, bacon bits, DC burger sauce.
- THE SPICY MEXICAN** £8.00
Jalapeños, salsa, avocado and sour cream.
- THE TEXAN BBQ** £8.00
BBQ sauce, crispy onions, and melted cheese.

NACHOS

- CLASSIC** £6.00
Smashed avocado, melted cheese, tomato salsa, sour cream, jalapeños.
- BEEF CHILLI** £7.50
Tomato salsa, melted cheese, sour cream, jalapeños.
- FIVE BEAN CHILLI (VE)** £7.50
Smashed avocado, tomato salsa, jalapeños.



LOADED FRIES

- CLASSIC DC CHIPS AND GRAVY** £3.75
- CHEESY CHIPS** £3.75
- BEEF CHILLI** £6.50
Tomato salsa, melted cheese, sour cream, jalapeños.
- FIVE BEAN CHILLI (VE)** £6.50
Smashed avocado, tomato salsa, jalapeños.
- CHICKEN TIKKA** £6.50
Chicken, tikka sauce, yogurt, naan.
- CHEESE AND BACON** £6.25
Melted cheddar, bacon bits, crispy onions.
- STEAK AND CHIPS** £7.50
Tender beef steak, melted cheddar, crispy onions.

BIT ON THE SIDE?

SKINNY FRIES	£3.25
TRADITIONAL CHIPS	£3.25
CURLY FRIES	£3.25
MIXED HOUSE SALAD	£2.75
GARLIC BREAD	£3.00
CRUSTY BREAD ROLL	£1.00
8 ONION RINGS	£3.50

CHILDREN'S

ALL CHILDREN'S MEALS COME WITH CHOICE OF FRIES, MASH OR VEGETABLE STICKS AND PEAS OR BEANS

HOT DOG	£6.00
CRISPY CHICKEN CHUNKS	£6.00
CHEESE & TOMATO PIZZA SLICE	£6.00
BATTERED COD	£6.50
CRISPY BREADCRUMBED FISH FINGERS	£6.00
GRILLED PORK OR MEAT FREE SAUSAGES	£6.00
PICNIC PLATTER	£5.50

Choose from egg mayonnaise, cheese, ham or tuna sandwich with fresh fruit, veg sticks and a cookie.

LITTLE DOLPHINS

PERFECT FOR THOSE UNDER THREE

BABY MASH, VEG AND GRAVY	£3.00
CHEESY MASH AND BEANS	£3.00

SOMETHING AFTER

FRESH FRUIT SALAD (VE)	£4.00
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Refreshing mix of melon, strawberries, grapes and pineapple.

ICE CREAM SUNDAE	£6.00
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Three Scoops vanilla ice cream, whipped cream, flake and choice of chocolate or strawberry sauce

SCOOP OF ICE CREAM	£2.50
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One scoop of ice cream with a flake

SELECTION OF ICE CREAM	£5.00
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Three scoops of ice cream with chocolate flake. Choose from strawberry, chocolate and vanilla ice cream.

SELECTION OF CAKES, FLAPJACKS AND TRAY BAKES
Ask Staff for today's selection.

DOLPHIN CENTRE PROMISE

- Use Locally sourced products where possible. Such as organic milk from Aycliffe and free range eggs from Sadberge.
- Use lower fat spreads and lower sugar preserves.
- Use leaner cuts of meat and trim visible fat on meat where possible.
- Work with suppliers to source menu items that are lower in saturated fat.
- Wherever possible use healthier cooking techniques such as grilling, poaching and oven-baking.
- Use herbs and spices to flavour rather than piling on the salt.
- Use vegetable oil rather than butter in cooking.
- Provide healthy options full of flavour.
- Offer meat free alternatives where possible.
- Monitor food wastage to try reduce our carbon footprint.



Afternoon Tea

AVAILABLE BETWEEN 2-5PM DAILY

Pre-ordering with a minimum of 24 hours notice required.

Afternoon Tea gift cards
are available at the bar in the Bistro

01325 406979 / 406976

CANCELLATION POLICY: You may request to cancel your booking for a full refund, up to 24 hours before the date and time booked. Cancellation requests made within 24 hours of the booking will not receive a refund or a transfer.



DARLINGTON
Borough Council

THE DOLPHIN CENTRE
16 HORSEMARKET, DARLINGTON, DL1 5RP